

*Journal of Chronic Fatigue Syndrome* 2006; 13(1)

**Lipid Replacement and Antioxidant Nutritional Therapy for Restoring Mitochondrial Function and Reducing Fatigue in Chronic Fatigue Syndrome and other Fatiguing Illnesses**

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**Simplified Summary of Publication**

**Mitochondria are the sites of energy production within almost every cell in our body. When mitochondria lose their function, they affect the overall energy of our physical health resulting in fatigue and a variety of illnesses. Lipid Replacement Therapy (Propax) was studied and shown to improve mitochondrial function. This review article states that Propax and antioxidants can positively affect the membranes of cells and the mitochondrial membranes by replacing certain important lipids that become damaged by oxidative stress (toxins), debilitating diseases and during the process of aging. The NT Factor within Propax replaces the damaged cellular lipids and therefore increases the overall health of the cells, tissues and organs of the body. This Lipid Replacement was shown to reduce fatigue levels, increase energy and improve the quality of life in people with illnesses that cause fatigue. The article demonstrates that Propax with NT Factor can significantly reduce severe to moderate fatigue.**